

## Integration: Teleport HS Breakfast - September 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					Sep 1, 2023	Sep 2, 2023
					Closed	Closed
Sep 3, 2023	Sep 4, 2023	Sep 5, 2023	Sep 6, 2023	Sep 7, 2023	Sep 8, 2023	Sep 9, 2023
Closed	Closed	Closed	Meals Delivered	WGR Cereal     WGR Corn Loaf     Pears (2)     Milk 1% low-fat     Skim Milk	WGR Cereal     WGR Waffle Grahams     Oranges (2)     Skim Milk     Milk 1% low-fat	Closed
Sep 10, 2023	Sep 11, 2023	Sep 12, 2023	Sep 13, 2023	Sep 14, 2023	Sep 15, 2023	Sep 16, 2023
Closed	WGR Cereal     Assorted Yogurt     Whole Grain Bread     Bananas (2)     Skim Milk     Milk 1% low-fat	WGR Cereal     Whole Grain Bread     Bananas (2)     Milk 1% low-fat     Skim Milk	WGR Cereal     WGR Blueberry Mini Loaf     Pears (2)     Milk 1% low-fat     Skim Milk	WGR Cereal WGR Corn Loaf Pears (2) Milk 1% low-fat Skim Milk	Assorted Yogurt     WGR Granola Bar, Asstd     Pears (2)     Milk 1% low-fat     Skim Milk	Closed
Sep 17, 2023	Sep 18, 2023	Sep 19, 2023	Sep 20, 2023	Sep 21, 2023	Sep 22, 2023	Sep 23, 2023
Closed	WGR Cereal     WGR Corn Loaf     Pears (2)     Milk 1% low-fat     Skim Milk	WGR Cereal     Assorted Yogurt     Whole Grain Bread     Bananas (2)     Skim Milk     Milk 1% low-fat	WGR Cereal Whole Grain Bread Oranges (2) Milk 1% low-fat Skim Milk	WGR Cereal     WGR Blueberry Mini Loaf     Pears (2)     Milk 1% low-fat     Skim Milk	WGR Cereal     WGR Waffle Grahams     Oranges (2)     Skim Milk     Milk 1% low-fat	Closed
Sep 24, 2023	Sep 25, 2023	Sep 26, 2023	Sep 27, 2023	Sep 28, 2023	Sep 29, 2023	Sep 30, 2023
Closed	Closed	WGR Cereal     Whole Grain Bread     Oranges (2)     Milk 1% low-fat     Skim Milk	WGR Cereal     WGR Blueberry Mini Loaf     Pears (2)     Milk 1% low-fat     Skim Milk	WGR Cereal     Whole Grain Bread     Bananas (2)     Milk 1% low-fat     Skim Milk	Assorted Yogurt     Honey Oat Granola Bar     Pears (2)     Milk 1% low-fat     Skim Milk	Closed

This institution is an equal opportunity provider.



## Integration: Teleport HS Lunch - September 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					Sep 1, 2023	Sep 2, 2023
					Closed	Closed
Sep 3, 2023	Sep 4, 2023	Sep 5, 2023	Sep 6, 2023	Sep 7, 2023	Sep 8, 2023	Sep 9, 2023
Closed	Closed	Closed	Closed	Beef Hot Dog     Mixed Vegetables     Potato Nuggets     WGR Hot Dog Bun     Apple     Milk 1% low-fat     Skim Milk	Oven Fried Chicken Brown Rice and Beans Sweet Potato Pear Whole Grain Bread Skim Milk Milk 1% low-fat	Closed
Sep 10, 2023	Sep 11, 2023	Sep 12, 2023	Sep 13, 2023	Sep 14, 2023	Sep 15, 2023	Sep 16, 2023
Closed	Whole Grain Chicken Fingers     Sweet Potato Fries     WGR Corn Loaf     Fresh Plum (2)     Skim Milk     Milk 1% low-fat	Hamburger on a WGR Bun:     Cheese Slice     Potato Wedge     Mixed Vegetables     Orange     Skim Milk     Milk 1% low-fat	Turkey Whole Grain Bread (2) Broccoli WGR Cheez-it Crackers Bananas (2) Milk 1% low-fat Skim Milk	Beef WGR Soft Taco:     Pinto Beans     Mixed Vegetables     Spanish Rice     Orange     Milk 1% low-fat     Skim Milk	WGR Macaroni and Cheese     Green Beans     Whole Grain Bread     Clementine (2)     Skim Milk     Milk 1% low-fat	Closed
Sep 17, 2023	Sep 18, 2023	Sep 19, 2023	Sep 20, 2023	Sep 21, 2023	Sep 22, 2023	Sep 23, 2023
Closed	Roasted Chicken Thigh     Whole Grain Pasta     Green Beans     Pear     Milk 1% low-fat     Skim Milk	WGR Spaghetti and Meatballs:     Broccoli     Whole Grain Bread     Clementine (2)     Milk 1% low-fat     Skim Milk	Turkey Ham Whole Grain Bread (2) Cheese Slice Green Beans Wheat Thins Bananas (2) Milk 1% low-fat Skim Milk	Burger W/ WGR Bun:     Cheese Slice     Tater Tots     Fresh Apple     Skim Milk     Milk 1% low-fat	WW Cheese Pizza     Broccoli     Banana     Milk 1% low-fat     Skim Milk	Closed
Sep 24, 2023	Sep 25, 2023	Sep 26, 2023	Sep 27, 2023	Sep 28, 2023	Sep 29, 2023	Sep 30, 2023
Closed	Closed	Jamaican Beef Patty     Green Beans     Whole Grain Bread     Clementine (2)     Skim Milk     Milk 1% low-fat	Turkey Whole Grain Bread (2) Broccoli WGR Cheez-it Crackers Bananas (2) Milk 1% low-fat Skim Milk	Beef Empanada Brown Rice and Beans Oriental Blend Vegetables Apple Milk 1% low-fat Skim Milk	WW Cheese Pizza     Broccoli     Orange     Milk 1% low-fat     Skim Milk	Closed

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